



Supplement Facts

Serving Size: 1 Packette
Servings Per Carton: 30

	Amount per Serving	% DV**
Calories	10	
Calories from Fat	0	
Total Fat	<1 g	0%
Saturated Fat	0 g	0%
Total Carbohydrate	3 g	1%
Dietary Fiber	0 g	0%
Sugars	0 g	

Vitamin A (as beta carotene and mixed carotenoids) (Betatene®)	5028 IU	100%
Vitamin C (as ascorbic acid)	195 mg	330%
Calcium (as dicalcium phosphate)	550 mg	55%
Riboflavin	2 mg	60%
Phosphorus (as dicalcium phosphate)	130 mg	15%
Magnesium	38 mg	10%
Sodium	5 mg	0%
Potassium	55 mg	2%

Garlic Powder	612 mg	†
Broccoli Sprout Extract	510 mg	†
Cranberry Extract (20% Organic Acid)	500 mg	†
Carrot Powder	400 mg	†
Olive Oil	243 mg	†
Orange Fruit Bioflavonoids	204 mg	†
Spinach Powder	200 mg	†
Hesperidin (from Orange Fruit Bioflavonoids)	100 mg	†
Pumpkin Seed Powder	100 mg	†
Quercetin	85 mg	†
Grape Skin Extract (20% Polyphenols)	51 mg	†
Glucosinolates (from Broccoli Sprout Extract)	20 mg	†
Alliin (from Garlic Powder)	14 mg	†
Lycopene	5 mg	†
Lutein	5 mg	†
Zeaxanthin	1 mg	†

** PERCENT DAILY VALUES (DV) ARE BASED ON A 2,000 CALORIE DIET.
† DAILY VALUE (DV) NOT ESTABLISHED.

OTHER INGREDIENTS: GELATIN, MALTODEXTRIN, MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, METHACRYLIC ACID COPOLYMER, STEARIC ACID, BEESWAX, MAGNESIUM STEARATE, SOY LECITHIN, TALC, SILICON DIOXIDE, FD&C YELLOW #6, TRIETHYL CITRATE, FD&C YELLOW #5, DEXTROSE, FD&C BLUE #2, AND SODIUM CITRATE.



Garden 7™

Fruit and Vegetable Phytonutrient Supplement

Dietary Supplement

30 Packettes

0.23 OZ (6.6 g)/NET WT 6.9 OZ (198 g)

DIRECTIONS: Take one packette a day to ensure you get the phytonutrient equivalent of 7 servings of fruits and vegetables every day. For optimal nutrition, also eat one to two servings of fruits and vegetables with your meals for fiber, low-density energy and trace minerals.

INSTRUCCIONES: Tome un sobre por día para asegurarse de obtener el equivalente en fitonutrientes de 7 frutas y vegetales cada día.

Para una nutrición óptima, coma también una o dos porciones de frutas y vegetales con sus comidas para obtener fibra, energía de baja densidad y oligoelementos.

We offer a **30-day money-back guarantee** to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

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